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How can you help?

Moraine House has changed many lives through the years and there are many who desperately need and want treatment; people that have no financial resources to cover the full cost of care; people that often enter our program with nothing but the clothes on their back. Thanks to your help and others that appreciate what we do, these same people leave as productive members of society with gratitude and a message of hope, which they carry to others.

- **Become a member**—our mission is guided by our membership, a group that performs with a sincere interest in the rehabilitation of chemical dependencies. Membership in Moraine House is encouraged (Dues \$60.00 per year or \$100.00 for couples).
- Financial Donation is always welcome and needed to provide the service or make a pledge on our **Website**.
- Donate hygiene products, paper products, and non-perishable items

About Moraine House

- Moraine House, established 1976, is a 501 (C) 3 post-treatment recovery home for men over the age of 18. We are incorporated under laws of the state of Indiana as a non-profit organization
- Full responsibility for Moraine House total operation is discharged by the Board of Directors (five officers and other members) all of which are elected by the voting membership.
- Maximum number of residents is 13.
- Moraine House clients come from all walks of life. Treatment centers, Drug court, Jail, AA/NA referrals and even though from the street.
- Moraine House services are provided without regard to race, creed, color, or sexual orientation.
- Moraine House is funded from **private sources**, United Way, membership, businesses, industry and individuals.
- Any contributions or donations are tax deductible to the extent provided under State and Federal income tax laws.
- Questions? Call and speak with our **Director: Wolfgang Rose**, Monday-Friday,.

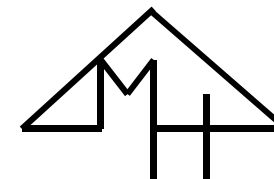
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Those who struggle with drug addiction don't set out to destroy themselves, everyone and everything in their path--rather, these disastrous consequences are the effect of the vicious cycle of addiction.



MORAINЕ HOUSE

The Hopeful Side of Addiction

House Director: Wolfgang Rose

RECOVERY – TRANSITIONAL SERVICE



Our community's dilemma

- Persons needing medical detoxification go to one of many different facilities in the area. Detoxification requires only five to ten days, after which time the person is released from the hospital.
- This most critical time period can pose a severe problem especially in those cases where the recovering chemical dependant is unable to return home or, as too often is the case, is without a home in which to return.
- Persons that are released from a detoxification facility are too often released back “on the streets”. Back to the people, places and things that direct us away from recovery. It is vitally important in the early weeks and months of recovery to find a chemical-free way of living and to be supported in that effort by an environment which offers structure, discipline, understanding and encouragement.

History

Until Moraine House, Porter County, Indiana, did not have a facility for the treatment of alcoholism—none.

In the spring of 1976, Moraine House was incorporated to help recovering alcoholics by providing them with a home in which they can more fully recover before returning to the outside world.

Today, Moraine House has broadened its scope to cover people recovering from all chemical dependencies.

The Idea

Moraine House is a home where residents live and work together toward establishing a life of sobriety and assuming respected roles in society. They are also expected to share the responsibilities of keeping a home, to participate in Moraine House programs and share with others. Residents of Moraine House are expected to seek and to maintain normal health and gainful employment.

Significantly, this participation happens in the atmosphere of family living which sets Moraine House apart from an institutional setting, such as a hospital or a clinic. Moraine house serves as a recovering chemical dependent's home until he feels completely able to resume active life in the every day world.

Eligibility

Asking for help is the most crucial first step anyone can take on the road to recovery. We treat only those willing to surrender to their addiction.

A resident of Moraine House must be able to meet a financial obligation toward expenses of his stay at Moraine House. There is a weekly fee for residents of the house; prospective residents must be able to pay the first week's rent in advance. He must be willing to follow the Moraine House Code of Conduct.

The Program

- One of the keys to our success is the therapeutic value of addicts and alcoholics working with other addicts and alcoholics.
- An initial orientation meeting - this meeting is required of each new resident during his arrival at Moraine House. Through this meeting an assessment process and an individualized treatment plan specific to their drug of choice evolves.
- Treatment is based on the 12-Step philosophy and relies on the assumption that spirituality is the basis of long-term recovery. The staff at Moraine House works closely with the clients to address the spiritual needs of each resident nondenominationally.
- Each week residents participate in the Recovery Dynamics program and the Back to Basics program. They also meet with the “Bridge the Gap Committee” (Progress reviews), attend Relapse Prevention Group and attend at least 3 in-house and 2 outside AA and/or NA meetings.
- Residents are required to seek employment (if not employed), and find at least one local 12 Step Program “**sponsor**” in the Valparaiso area.
- We live and work on personal growth, while abstaining from all illicit drug and alcohol use, setting course on a thorough self-examination; confidential self-disclosure; making amends for harm done; and eventually, out of gratitude, helping other's who want to recover from substance abuse.